



CURRENT NEEDS

Here's a list of practical items we need right now at the Foundation of Hope centre in Oshawa. For more information, please contact Rev. Roy Graves at (289) 481-2032 or email us at: info@foundationofhope.ca

Food Items

- English Muffins
- Bagels
- Crumpets
- Becel Margarine
- Ham
- Cheese Slices
- Bananas
- Individual Yogurt – large packs
- Water
- Juice Boxes
- Coffee
- Cream
- Sugar
- Banana Bread
(individually wrapped please)
- Muffins (individually wrapped)
- 120 Mini Choc Bars (Costco)
- Plastic Spoons
- Napkins
- Large Kitchen bags (White)
- Large Garbage Bags (Black)

Clothing Items

- Tents – call us
- Sleeping Bags
- T-Shirts
- Blue Jeans
- Footwear
- Socks
- Underwear

Other

- Van for transporting supplies
- Gifts cards – please contact us

More information

First Light
Foundation of Hope
253 Simcoe St S
Oshawa ON L1H 4H3

(289) 481-2032

Thank YOU for your generous support!

FoundationofHope.ca

Registered charity # 744589680 RR 0001